



GlobalInner Peace & Mental Emotional Wellness- Ecosystem Stewardship- Arts Expressions

BMW very special Days (*Italic US National days & Red is suggested by our partner: Social Foundation*)

JANUARY 2023

DATES	WHAT HAPPENED
08	We got so many young volunteers from our Partner Sahaja Yoga helping during this year
08	Contacted Gambia Embassy for donation of some computers
19	We got our first Marketing chart thx to Parnian Semsar
27	We got our bronze seal of Transparency
30	We got our Silver seal of Transparency

FEBRUARY 2023

DATES	WHAT HAPPENED
9	Meeting with Miss. Lauren Paulet of the City Community Outreach
12	We got our gold seal of Transparency
16	Zentangle gathering for painting
16	Meeting with County Liaison Ysela Bravo of the County of Frederick

MARCH 2023

DATES	WHAT HAPPENED
05	Hiking Program with 10 participants
06	Meeting with Ausherman Family, City and Frederick County
07	Our 3 Flagships were created: Talking Circle, Ecosystem Stewardship and Expressions
09	Women's Day Celebration in FCC, Mosaic Dep. With Mr. Cody and Cheris for Wellness & Women'
15	We formed SEO Team with Shashwat Dhayade as coordinator
16	Mrs. Rimja Ramasan joined us for helping with Website
27	Persian New Year Open House Celebration for 2 consecutive days
29	City Outreach Dep. Accepted our June 21 Proposal for a program dedicated to International Yoga Day and Shri Mataji's 100 years of Birthday

APRIL 2023

DATES	WHAT HAPPENED
02	Tirgan Festival organization meeting
06	First Youth Summit at Hood

MAY 2023

DATES	WHAT HAPPENED
06	Participating in the Asian Festival with our informative Table, Dance, music and engaging youth with games and face painting (Varshini, Prahkriti, and an Afghani family helped with this prog.)
11	Ausherman small business Summit in New Spire Arts
13	Meeting with Funders Hunting in Bethesda
15	Trip to Baltimore to meet with Baltimore Business Partnership organized by Fred. Downtown Part
16	Class set-up for Talking Circle with Christine of Fred. Downtown Part
19	Participating at a tour organized by Frederick Visitor Ctr.
25	Early morning yoga with Sol yoga and meditation by UNESCO BMW on Linear Park- Frederick
26	Youth Talent Show in New Spire Arts; participation with a table and artists
28	Online International Cultural Program

JUNE 2023

DATES	WHAT HAPPENED
01	Singing bowl and blow conch Program on the Linear Park in Frederick
06	Hood Youth Summit
10	Utica Park 275 Jubilee Frederick celebration with our informative table
11	Frederick Art Fair: postering and giving info about our next Yoga Day Prog.
15	Sent Fundraising money to Gambia for Youth Soccer Team
21	Celebration of International Yoga Day and Shri Mataji's 100 years of Birthday
26	Set up of the new Social Media criteria and work-frame

JULY 2023

DATES	WHAT HAPPENED
7	Meeting with Angie Dunlevy of Youth City Matrix, our future partner
15	Board Meeting with 7 members including the new ones
15	The Block Party with our informative table
18	Bash Party by Fred. Downtown Partnership
18	Summer Camp in Hood College
25	First online Mental Emotional Wellness moderated by Abhi Guje
25	Negin Vossough Join us as graphic Designer

AUGUST 2023

DATES	WHAT HAPPENED
5	Memories of a Leaf Program broadcast; moderated by Parisa Tashakori
5	First in person Mental Emotional Wellness by BMW in our Ctr.
15	Meeting with Lynn Davis of FCPS Mental Dep. For the future collaborations

SEPTEMBER 2023

DATES	WHAT HAPPENED
19	Our partner City Youth Matrix 5 th Celebration

OCTOBER 2023

DATES	WHAT HAPPENED
01	Merging 3 Social medias (FB, IG, YouTube)
04	First County She Leads Meeting
05	Meeting with Lynx Coordinator for a program in FH
05	Meeting with Frederick Mayor for City Inclusion Advisory Team
07	Health Fair in Fred Highschool and first Sat. of month table with Downtown Partner. on 33 E. Patrick St.
07	Meeting with artist Parisa Faghih for Women in Shahnameh Fundraising
12	First meeting of DEI (Diversity, Equity, and Inclusion Advisory Board)
13	New website wire-frame meeting
15	First Urbana Hike
20	Invitation for joining the Mental Health Coalition of Frederick
25	Thorpe wood workshop and networking with other nonprofits in Frederick

NOVEMBER 2023

DATES	WHAT HAPPENED
06	Meet the Funders in Frederick Library
08	First meeting of Mental Health Coalition of Frederick
10	Merging all 6 social media with Deven Seth as the main coordinator
10	Family partnership Collaboration for Hygin items collection
15	Girl Scott and BMW presentation
18	She Leads by Women Commission, first in person Program in Hood
20	Meeting with Mr. Carlos Graveran of Frederick Health for future collaborations

DECEMBER 2023

DATES	WHAT HAPPENED
18	“Find Your Center”, a joint program with Frederick High School
21	Agreement for a joint program series with our Canadian partner for Mental Emotional Wellness
27	Coordinators: Parnian Semsar for Broadcast, Negin Vossough for Newsletter and Graphic Design and Deven Seth for Social media